

Secondary School Menu

Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Beef casserole carrots and boiled potato	Honey Lemon Pork Seasonal Veg, Boiled pots and gravy	Sausage Pasta, Salad and garlic bread	Roast Beef Mash potato, cauliflower, green beans and gravy	Fish shop Friday
MAIN 2	Zingy Chicken Burger Sweet Potato fries, side salad and corn on the cob	Jamaican Curry, Rice N Peas & Naan bread	Chilli Lasagne, Salad and garlic bread	BBQ Chicken pitta, Jacket potato, coleslaw and salad	Chicken chow mein, curry sauce and naan bread
DESSERT	Lemon Drizzle cake	Chocolate cheesecake brownie	Fruit Jelly & Ice cream	Iced yoghurt	Fruit Salad and Yoghurt

A CHOICE OF YOGHURT OR FRUIT SALAD AVAILABLE DAILY FOR DESSERT
A CHILLED DRINK OF WATER IS SERVED WITH EVERY MEAL
VEGETARIAN OR SPECIAL DIETS AVAILABLE ON REQUEST
FREE SELECTION OF BREAD AVAILABLE DAILY



Secondary School Menu

Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Cheese and potato pie & baked beans	Slow cooked Beef & Lentil Pie	Toad in the hole, mash potato, seasonal veg and gravy	Roast Turkey, Mash potato, cauliflower, green beans and gravy	Fish shop Friday
MAIN 2	Beef Burger Sweet Potato fries side salad and corn on the cob	Chefs Curry, peas, pilau rice and naan bread	Piri Piri / Jerk Chicken Thighs, spicy rice and beans, side salad	Meatballs in tomato sauce, pasta, garlic bread and side salad	Beef chow mein, curry sauce and naan bread
DESSERT	"Big school bake off" Dessert of the day	Fruit Crumble and Custard	Warm blueberry muffin & ice cream	Iced yoghurt	Fruit Salad and Yoghurt

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VEGETARIAN OR SPECIAL DIETS AVAILABLE ON REQUEST

FREE SELECTION OF BREAD AVAILABLE DAILY

